



# Course Outline

OEEDU5005 THEORETICAL FOUNDATIONS OF ADVENTURE EDUCATION

**Title:** THEORETICAL FOUNDATIONS OF ADVENTURE EDUCATION

**Code:** OEEDU5005

**Formerly:** HM475

**School / Division:** School of Health Sciences

**Level:** Advanced

**Pre-requisites:** Nil

**Co-requisites:** Nil

**Exclusions:** (HM475) (OEEDU5002)

**Progress Units:** 7.5

**ASCED Code:** 79999

## Objectives:

After successfully completing this course, students should be able to:

### Knowledge:

- Develop an understanding of the theoretical models of outdoor adventure and experiential education
- Develop a critical understanding of the purpose and role of adventure in outdoor education
- Develop a critical understanding of literature relating to outdoor adventure, its application and its instruction
- Gain knowledge and understanding of issues related to adventure education
- Understand safe management practice for the instruction of cross-country skiing and winter camping activities

### Skills:

- Develop critical thinking, writing and presentation skills
- Be familiar with equipment, techniques and emergency response procedures for cross-country skiing
- Increase personal competence in cross-country skiing and winter camping skills
- Develop skills in programming and implementing lesson plans in an alpine winter environment

### Values:

- Develop a personal code of ethics pertaining to the management and instruction of adventure activities
- Appreciate the role of adventure and safety in outdoor adventure activities



# Course Outline

## OEEDU5005 THEORETICAL FOUNDATIONS OF ADVENTURE EDUCATION

- Value the importance of sound group management, communication, and conflict resolution skills
- Develop appreciation of the importance of good judgement and decision making skills
- Recognise the value of critical adventure-based learning concepts and practices

### Content:

Topics may include:

- Gendered experiences / Feminist pedagogy
- History, philosophy and theoretical models of outdoor adventure & experiential learning
- Social psychology theories
- Group development & dynamics
- Communication skills – conflict resolution
- Legal issues / Risk Management
- Decision making skills – judgement
- Critique of adventure education / therapy

### Learning Tasks & Assessment:

Learning Task	Assessment	Weighting
Practical Activities (1 x 4.5 days winter camping experience)	Lesson plan delivery on winter camping experience	S/U
Weekly readings and participation in seminar discussions	Paper linking practical applications to theories	50-70%
Implement and evaluate a professional development plan (minimum 2 days)	Professional development log and evaluation	S/U
Design and delivery of a peer presentation	Peer presentations	30-45%

### Adopted Reference Style:

APA

### Handbook Summary:

To be advised.